

## FOAM'S MISSION

Friends of the Arcata Marsh (FOAM) is a nonprofit organization founded in 1989 to provide educational support and public outreach for the Arcata Marsh & Wildlife Sanctuary. Our stated mission is to “stimulate understanding of the Arcata Marsh & Wildlife Sanctuary, its relationship with Arcata’s integrated wastewater treatment system, the surrounding watersheds and bay, and their link with the Earth’s water cycle.”

To accomplish our mission, FOAM needs many different types of volunteers. Opportunities range from half-day events that need no training — such as staffing a booth, helping with nature crafts, or removing non-native invasive plants — to leading tours for children, adults, and mixed-age groups, for which we’ll give you training on topics such as birds, plants, wastewater treatment, ecology, and history. Volunteers also provide staffing for the welcome desk at the Interpretive Center on weekends (training by City naturalist), provide content for our quarterly newsletter, and serve on the FOAM board of directors and various committees.

WHATEVER ROLE YOU'D LIKE  
TO PLAY OR AMOUNT OF TIME  
YOU CAN DEVOTE, FOAM  
WOULD WELCOME YOU AS A  
VALUED VOLUNTEER.

## VOLUNTEERS IN ACTION



## IN THEIR OWN WORDS

Our volunteers enjoy the time they spend sharing their love for this special place with locals and out-of-town visitors. Here are just a few quotes from them:

“Guiding is a pleasure; we all return from a tour satisfied and full of enthusiasm.”

“One favorite thing about staffing is meeting people from all over the world.”

“I enjoy imparting knowledge to Marsh visitors, as a tour leader or Interpretive Center staffer.”

“Each day at the desk and every guided tour has its moments that make the time spent worthwhile.”

“Visitors appreciate my efforts, even if I’m not an expert on every subject.”

“Volunteering at the Marsh helped integrate me into the community.”

“Staffing doesn’t require a lot of training; it’s easy to be an ambassador for a place you love.”

“Spending time at the Marsh, on your own or as a volunteer, is good for whatever ails you.”



## MORE INFORMATION

### FOAM VOLUNTEERS CAN ...

- ✧ Lead free public tours of the Marsh for audiences ranging from preschoolers to senior citizens. Volunteers lead tours every Saturday at 2 p.m., rain or shine, and also guide more than 100 “special request” tours each year.
- ✧ Fill 4-hour shifts at the Interpretive Center welcome desk, answering questions and selling bookstore items.
- ✧ Staff our booth at community events.
- ✧ Participate in invasive plant removal and Marsh clean-up days each year.
- ✧ Work with kids during special events such as natural resources camp and Godwit Days.
- ✧ Promote education by evaluating science fair entries, student bird art, and college scholarship applications.
- ✧ Hang monthly art shows, contribute to our UPWIND newsletter, publicize Marsh events, create exhibits, and develop educational materials about the Marsh.
- ✧ Serve on committees or the board of directors.
- ✧ Train and mentor new volunteers!

TO FIND OUT MORE ABOUT  
BECOMING A VOLUNTEER  
AT THE ARCATA MARSH,  
PLEASE CONTACT US VIA  
ONE OF THE METHODS  
LISTED BELOW.

WE HOPE TO HEAR FROM  
YOU SOON!



FRIENDS OF THE  
ARCATA MARSH

PO Box 410, Arcata CA 95518  
Interpretive Center: 569 South G Street, Arcata CA

(707) 826-2359

[info@arcatamarshfriends.org](mailto:info@arcatamarshfriends.org)

[www.arcatamarshfriends.org](http://www.arcatamarshfriends.org)

[www.facebook.com/friends.of.the.arcata.marsh](https://www.facebook.com/friends.of.the.arcata.marsh)

## VOLUNTEERING AT THE ARCATA MARSH



LEAD TOURS FOR KIDS  
OR ADULTS ✧ STAFF THE  
WELCOME DESK ✧ HELP AT  
SPECIAL EVENTS ✧ REMOVE  
INVASIVE PLANTS ✧ SERVE  
ON THE BOARD