



# UPWIND

from the Arcata Marsh  
Interpretive Center  
Vol 33, Issue 1, Winter 25/26

**Our Mission: To stimulate understanding of the Arcata Marsh & Wildlife Sanctuary, its relationship with Arcata's integrated wastewater treatment system, the surrounding watersheds and bay, and their link with the Earth's water cycle**

*In This Issue: Upcoming Lectures... 35@35 Reception Held... How to Become a "Lifer"... Student Bird Art Contest... Godwit Days Volunteers Sought... National Otter Day... What's Happening at the Marsh?... FOAM Bus Ad... Blackberry Removal... Results of Holiday Tours... April City Nature Challenge... Spongeplant Removal Results... Godwit Days Free Events... Fun Bird Facts... Upcoming Art Shows... Calendar of Events... Supporters*



*Clint with an Edith's checkerspot butterfly.*

## Upcoming Lectures

On Wednesday, March 4, join biologist Clint Pogue for a free 1-hour lecture entitled "Elfin Magic: The power of curious communities in butterfly conservation."

Humboldt County has 99 species of butterflies. From egg to caterpillar to pupa to adult, many of them are our year-round neighbors and spend their entire lives around our backyards. In an era characterized by biodiversity loss, we have an opportunity to mitigate these declines in our local communities. With a few simple steps, community members can unite to increase the abundance and diversity of butterflies flying up and down our streets. Join us to discuss the power of community and how to harness that energy to reverse the decline for one of Earth's most beloved groups of insects.

Clint is a butterfly biologist who focuses on the impacts of local communities on invertebrates. He grew

up in southeast Missouri, where he learned the importance of "being neighborly." After leaving Missouri, he chased a career from Eastern Washington to Michigan and finally to Humboldt County. He serves as the current president of the local chapter of the North American Butterfly Association (NABA-Redwood). Clint enjoys taking photos, going to concerts, and swimming in rivers.

On April 1, California Conservation Corps (CCC) fish habitat assistant Rachael Aguirre will present on "Salmon Habitat Restoration in North Coast Streams." She will explore the history and current practices of the CCC's Salmon Restoration Program. This talk will include a brief introduction to the CCC program, the history of salmon populations on the North Coast, and an overview of the CCC's past and present fisheries restoration work and its impact. Join FOAM for an exciting look into the restoration



*Coho salmon.*

happening behind the scenes in our local creeks, how the CCC plans and implements its projects, and how it is teaching important skills and habits to the next generation of young adults in natural resources spaces.

Lectures in FOAM's First Wednesday series start at 7 pm, with talks lasting about an hour, followed by Q&A. Lectures will be simulcast on Zoom at <https://humboldtstate.zoom.us/j/88248246788?pwd=Au-QSlOmC4Zwkq4hzWctlzTySkjKy-jY.1#success> and recorded for uploading to FOAM's YouTube channel [www.youtube.com/@foamfriend-softhearcatamarsh3798](http://www.youtube.com/@foamfriend-softhearcatamarsh3798).

## 2025-26 Board of Directors & Officers

### Officers

*President:* Elliott Dabill

*Vice-President:* Lynn Jones

*Secretary:* Rhodes Paris

*Treasurer:* Sue Leskiw (*Ex Officio*; also UPWIND Editor)

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Jenn Tarlton

**Website:** [www.arcatamarshfriends.org](http://www.arcatamarshfriends.org)

**Facebook:** [www.facebook.com/Friends.of.the.Arcata.Marsh](https://www.facebook.com/Friends.of.the.Arcata.Marsh)



*Marsh historical figures (from left) CPH environmental engineering professor Bob Gearheart, former Arcata councilperson Dan Hauser, former (and current) councilperson Alex Stillman, original (and current) FOAM Board member David Couch, and former councilperson Sam Pennisi. All photos this page by Paul Johnson.*



*A 2025 New Member looks over one of the many prizes offered in the gift drawing.*

## “Newbies” & “Lifers” Attend Gala Reception

*By Sue Leskiw*

On February 1, nearly 65 people—members who joined FOAM during 2025, Life Members of the organization, Board members, select City staff, and guests—gathered to celebrate the results of the “35@35” campaign. Fun fact: All 27 of the new members (individual and family memberships) who responded “Yes” to the invitation showed up!

In the 25+ years that I’ve been involved with FOAM, the organization had never done a concerted membership drive. 2025 marked 35 years since we’d received our nonprofit approval from the state, so I approached the Board about setting a goal of recruiting 35 new members during 2025. The end result: 67 new memberships! (A quick look through the previous year in our database found just 14 new memberships in 2024.)

Two special perks that FOAM offered its “Newbies” were right in my wheelhouse: a special reception (I love to plan parties) and welcome gifts (quality merch gleaned from my forays to yard sales, estate sales, and thrift stores). At the end of the year, I opted to add Life Members to the party invitations, both in recognition of their financial contributions to FOAM and to create a nice mix of people familiar with the organization and those new to the fold.

Integral to the success of the 35@35 campaign was Gina Rogers. She talked up joining FOAM at each of our monthly lectures since May, convincing quite a few to sign up.

Among the Life Members in attendance were:

- ▶ Dan Hauser and Bob Gearheart, the two people with Marsh water bodies named after them that are still standing.

- ▶ Dan, along with Alex Stillman and Sam Pennisi, served on the City Council in the pre-Marsh years. (Scrapbooks of photos and newspaper clippings were set out for perusal during the event.)

- ▶ David Couch was a member of FOAM’s first Board of Directors and continues in that capacity today.

People partook of the loaded tables of food and drinks (including blackberry poppyseed cake from Ramone’s), then “Newbies” waited to hear their name called, to pick from the plethora of prizes offered. The most popular selections were framed originals and prints of critters but there were also nature-oriented books, puzzles, clothing (socks, t-shirts), outdoor items such as bird feeders, and home décor snatched up. Many people came away from the gift tables hugging their treats, with a huge smile on their face and a thank you on their lips. A good time was had by all.

So, we welcome our new members and hope that some of them will take more hands-on roles with FOAM, whether as short-term volunteers removing non-native plants or staffing FOAM activities at April’s Godwit Days festival; becoming a weekend welcome desk volunteer; training to be a Marsh tour leader; or filling an open Board slot.



*A sampling of the culinary offerings (including Caprese skewers assembled by Board members Lynn Jones and Jenn Tarlton.)*



*“Newbies” Rhodes Paris (looking through shirt rack) and Joan Watanabe peruse the gift selections. (Joan picked a poison plant book by Amy Stewart.)*

### Recent Question to Sue: How Does One Become a “Lifer”?

The magic number is \$750. Once you have contributed that amount to FOAM—whether via a lump sum or through yearly membership fees kept track of over decades—you qualify. The perks are having your name added to the lobby plaque and never having to pay annual dues again. (However, many of our “Lifers” do continue to donate to our nonprofit organization.)



## March 21 Deadline for Student Bird Art Contest

For the 23rd year, FOAM and Redwood Region Audubon Society are co-sponsoring a Student Bird Art Contest in conjunction with the Godwit Days Festival. An estimated \$650 will be awarded to Humboldt County students from kindergarten through high school who submit a drawing of one of 40 suggested species or another bird that has been seen in the County. Prizes also will be awarded for the best renditions of a bird in its natural habitat.

Awards will be presented on April 18 at 11 am in the Arcata Community Center (ACC). All entries will be displayed there April 17-19. Copies of winning artwork will be shown at AMIC in May/June.

A flyer with complete rules and instructions is posted at [www.godwitdays.org](http://www.godwitdays.org) or can be picked up at the Interpretive Center. Flyers were mailed to all Humboldt schools.

Art may be dropped off at AMIC, 569 South G St, Tuesday-Sunday between 10 am and 5 pm and Monday 1-5 pm or mailed to Sue Leskiw, 155 Kara Lane, McKinleyville CA 95519. **Entries must be received by 5 pm on Saturday, March 21 to be judged and included in the ACC display (no exceptions).**

Questions? E-mail [sueleskiw1@gmail.com](mailto:sueleskiw1@gmail.com).

## Help Needed with FOAM's Godwit Days Activities

The 2026 Godwit Days Spring Migration Bird Festival is just around the corner and FOAM will again be participating in free family nature craft activities. The drop-in session will be held at the Arcata Community Center on Saturday, April 18, from 11 am to 1 pm. Activities may include making Marsh critter ornaments, mini bird houses, and bird and otter masks. All children

must be accompanied by a responsible adult. If you can spend a couple of hours helping kids discover the many wonders of our Marsh, contact Sue at [sueleskiw1@gmail.com](mailto:sueleskiw1@gmail.com).

FOAM needs staffers for its table at the Bird Fair. Hours of operation are Friday 3-6:30 pm, Saturday 9 am-5 pm (optional 5-7 pm shift), and Sunday 10 am-3 pm, divided into 2- or 3-hour shifts. If you can help hand out literature and sell items, e-mail Lynn at [lynnijo@gmail.com](mailto:lynnijo@gmail.com).

FOAM again will be responsible for staffing the Opening Reception on Friday, April 17. The event is free to the public from 5 to 7 pm. Help is needed to replenish plates of food, refill the punch bowl, collect money/tickets for and pour beer and wine, and especially wash dirty dishes and glasses! E-mail Maria at [mariaedbaron@aol.com](mailto:mariaedbaron@aol.com) if you can help.

Another volunteer opportunity is to help hang hundreds of entries received in the 23rd Student Bird Art Contest. This will occur on Friday, April 17 starting at 1 pm. Bring a light-weight hammer and bag for push pins and be prepared to post artwork along the hallways and lobby of the Community Center. Contact Sue at [sueleskiw1@gmail.com](mailto:sueleskiw1@gmail.com).



*River otters. Photo by Mark Larson.*

## You Otter Join Us!

On Sunday, May 24 from 11 am to 3 pm, join FOAM at the Sequoia Park Zoo [www.redwoodzoo.org/Calendar.aspx?EID=752](http://www.redwoodzoo.org/Calendar.aspx?EID=752) to celebrate National Otter Day. Various nonprofit groups will sponsor activities centered around our Marsh's mammal celebrities, river otters (*Lontra canadensis*). Stop by our table to participate in fun activities.

## What's Happening at the Arcata Marsh?

*By Evan Mercure, AMIC staffer*

It's been quite an unusual start to the winter here in Arcata, as we haven't seen much moisture since December. Marsh users have been taking full advantage of the sunny weather this time of year. It seems like the Bay Trail has been getting lots of use during these beautiful winter days as well.

On a similar note, the construction of the Annie and Mary Trail has been going very quickly due to the weather. This is exciting news as it will connect the Bay Trail to areas such as West End Road, Valley West, and the Mad River at Humboldt Bay Municipal Water District's Park 1.

We hosted some fun guided walks over the Christmas and Thanksgiving holidays, as well as the annual King Tide Tour. A record-breaking King Tide happened on January 3, when tides surged to 10.1 feet at the Humboldt Bay North Spit. (The previous record in Humboldt Bay was 9.88 feet on December 31, 2005.) Here at the Marsh, water flooded some sections of trail and even to the base of the Butcher's Slough bench just off South I Street.

There has been a great push on invasive plant removal thanks to the help of our wonderful volunteers. Two workdays took place at the Log Pond dock, with the goal of eradicating invasive sponge plant. For the treatment to be effective, the same area must be hit each year. Another project that took place near the Interpretive Center aimed to remove some invasive blackberries and clear an area to expand the native plant garden. Keep your eyes out for upcoming volunteer opportunities!

AMIC staffer Malcolm Ridings has been working hard to modernize the wastewater display in the Interpretive Center. Since the treatment facility has been undergoing a multi-year upgrade, the new display will more accurately represent how the improved wastewater facility now functions. The new display should be in place by the end of February.



## FOAM Rides the HTA

By Rhodes Paris

One day last March as I was riding the bus I saw an exciting opportunity for the Marsh. The buses of Humboldt Transit Authority (HTA) have a screen that plays ads for local businesses and organizations, as well as service announcements for bus riders. The organization calls this its “infotainment screen.” During my ride I saw a slide declaring that non-profits can advertise for free!

I mentioned it at the next FOAM Board meeting and we formed a committee—Lynn Jones, Andy Feinstein, Paul Johnson, and me—to work on a product. Lynn did a great job keeping us organized and on track. We started by choosing what the main goal of our advertisement would be, then what photos would best represent that goal. The video could be a maximum of 15 seconds long and would repeat between other local ads.

The committee walked through the Marsh together several times, selecting locations to best grab the attention of viewers. Paul directed Lynn and me in a few photoshoots around the trails. Afterward we chose the best pictures and Andy used his award-winning video expertise to create a video.

In September Andy left the Board and AMIC staffer Malcolm Ridings assumed his movie-making mantle. He used expertise from his Cal Poly degree in environmental education and interpretation to put the final version of the video together. Here’s what you’ll see:

The first slide is the sign at the Green Wall near Brackish Pond. The second shows waterfowl in a fog-

gy Allen Marsh, which transitions to playful river otters. Next comes ducks in Butcher’s Slough at low tide, then Lynn and me birdwatching from the wooden bridge over the slough, followed by a Great Blue Heron. The last slide has the FOAM logo transposed over a Klopp Lake sunset. Each slide credits photographers Paul Johnson and Mark Larson and includes AMIC’s address.

The Board approved a final cut in December, so the video is now playing on infotainment screens of all 36 full-sized buses until December 29, 2026. Look for the Marsh show the next time you ride the bus!

## Bye, Bye Blackberries

By Rachael Aguirre

If you’ve been by the Interpretive Center lately, you likely have noticed that the scenery looks drastically different. The looming walls of invasive Himalayan blackberry that once covered the slopes to the west of the building have been mostly eradicated. What we have in their place is a freshly opened view of Butcher’s Slough and nearby maple trees.

This immense amount of work was carried out by 15 hard-working volunteers who dedicated a morning to the Marsh on December 13. The City provided tools and FOAM paid for a pizza lunch. The crew was lucky to have sunny weather. Spirits were high and determination was strong. The blackberries were swiftly chopped back and many crowns (the term for the plant’s root-ball) were pulled out, helping to prevent this persistent plant from returning.

With this newly unveiled space comes many exciting opportunities on how to utilize it best. Perhaps we may see an extension of the native plant garden or a new bench to rest on beneath the maple trees.

The next workday at the Marsh—rain or shine—will be on Saturday, March 21 starting at 10 am. Tools, gloves, and snacks will be provided. Wear long sleeves and closed-toe shoes. Meet at the Interpretive Center if you can help for any part of this 3-hour activity. Text or call me at 626-644-7593 with any questions.



Hillside minus Himalayaberries.  
Photo by Rachael Aguirre.

## Holiday & King Tide Tours

► Barbara Reisman teamed up with Tony LaBanca and Peter Warner to talk about plants, while Ren Bunce’s group mainly focused on wastewater treatment during FOAM’s annual Thanksgiving Day Ramble. Fifteen people showed up and most made it back to AMIC before the rain started!

► Elliott Dabill and Barbara Reisman led about 40 people on a King Tide tour on December 5.

► Christmas Day brought nearly 30 people out to join leader Paul Wilson’s tour. Paul reprised his special walk about Aldo Leopold’s ecological theory: “Biodiversity tends to lead to the health of the land and waters.”

► Paul Johnson and Barbara Reisman co-led the New Year’s Day walk attended by 10 people.



Ren’s Thanksgiving Tour Group.



Some of the Thanksgiving tour group co-led by Barbara Reisman (at right).  
Photo by Sue Leskiw.

## FOAM to Participate in April's City Nature Challenge

By Lynn Jones

In 2016 the California Academy of Sciences launched a competition between San Francisco and Los Angeles to find and document plants and wildlife within each city's limits. Since then, the project has grown into a worldwide collaboration to collect biodiversity data over four days, April 24-27, using a dedicated iNaturalist project bioblitz.

The goal of City Nature Challenge is to engage people in observing, learning about, and celebrating biodiversity in California, the most biodiverse state in the United States.

Organized by county, the City Nature Challenge is not just for big cities; it is a campaign to engage citizen-scientists in documenting and connecting with nature wherever they live, whether that is a big city, a small town, or something in between.

Prior to 2026, Humboldt locations had not participated in this event. However, Christine Noel from the Sequoia Park Zoo has offered to be the project coordinator. Friends of the Arcata Marsh, Friends of the Dunes, and Trinidad Land Trust are supporting organizers.

One way to study and protect local species is for scientists, land managers, and community members to find and document the nature in our area. By participating in the City Nature Challenge, you'll learn more about your local nature and make your city a better place for yourself and other species! Watch for specific dates, times, and the iNaturalist project name on FOAM's social media, website, and local media. Meantime, get the iNaturalist app and discover how citizen-science projects help in the mapping and sharing of global biodiversity observations.

### Godwit Days Spring Migration Bird Festival

April 17-19, 2026

Arcata Community Center

Over 70 sessions!

Register at [www.godwitdays.org](http://www.godwitdays.org)



Scenes from the October 19 work day.  
Photos by Paul Johnson.

## Second Annual Sponge Plant Removal Days

By Suzanne Castiglione

It was all business on October 19 and 25, when volunteers from College Corps and Cal Poly Humboldt's Natural Resources Club, respectively, joined FOAM volunteers to remove invasive sponge plant (*Limnobium laevigatum*) from the Marsh's Log Pond. The City of Arcata brought tools and FOAM provided kayaks and refreshments. All volunteers provided energy and enthusiasm.

On each day, two crews eagerly formed at the Log Pond to take on the challenge of removing sponge plant, aka frogbit, from the water. Because sponge plants have long roots hanging deep in the water, they tangle and form dense mats of vegetation.

With the help of kayaks and "Rakezillas" (large, buoyant rakes with ropes attached), volunteers paddled to the floating plants; hooked rakes into large patches of the weed; and, with the assistance of rope pullers on shore, tugged entangled masses apart and hauled them to the dock. Once at the dock, people with potato hoes heaved the soggy batches onto the dock, where some of the water was stomped out. The remaining vegetation was then lifted with pitchforks or otherwise loaded into wheelbarrows and removed to a dump site.

Each of these tasks required a lot of physical strength, a willingness to get wet and dirty, and the ability to work well as a team. A lot of good cheer helped, too. Some friendly competition took place, along with chanting the parody tune, "Rakezilla," penned by former Board member Andy Feinstein to include in a video.

FOAM is very grateful for the assistance of these volunteers who were so generous with their time and energy. Once again, a significant amount of sponge plant has been removed, which will help restore the viability of native plants in the Log Pond. So, thanks to all who joined this year's event and those who attended last year and returned for more. Hope to see y'all in 2026!

## Godwit Days Festival Free Events for Kids & More

Godwit Days always includes free events, some of which are specifically aimed at children age 5 and above. The following two workshops/field trips require pre-registration and a responsible adult must accompany kids:

► On April 17, have fun breaking apart owl pellets, to see what the birds have been eating, during a 1-hour workshop led by College of the Redwoods biology professor Karen Reiss. The pellets—donated by Mendocino optics dealer and Bird Fair vendor Out of This World—have been disinfected and created especially for exploration. The workshop (#FR28) starts at 4 pm and is limited to 15 children.

► On April 18, join Mark Wilson for a Kids' Birding & Nature Walk at the Arcata Marsh. The session (#SA46) starts at the Interpretive Center at 9:30 am and lasts 2 hours. Learn how to use binoculars to find and identify birds. Binoculars specifically made for children will be available for use. Young participants will receive their choice of a free FOAM logo enamel pin or embroidered patch, courtesy of the sponsor, FOAM. Limited to 15 children.

And don't forget the Fourth Annual Family Nature Crafts "Mega-Palooza" on Saturday, April 18 from 11 am to 1 pm that requires no pre-registration. To date, FOAM, Cal Poly Natural History Museum, Humboldt County Library, Friends of the Dunes, and Humboldt Beekeepers Association have committed to offering tables of nature crafts during in this drop-in session.

Free events still available are trips to Sue-Meg State Park, Freshwater Farm Reserve, Humboldt Bay NWR, Humboldt Coastal Nature Center, and Lanphere Dunes, as well as a native plant walk and yard tour, ethnobotany and dragonflies workshops, a "Big Sit" at AMIC, the Friday night reception and keynote, and an optics lecture

Most events above require pre-registration at [www.godwitdays.org](http://www.godwitdays.org). Visit the website for a list of the 70+ sessions at the 2026 festival.



**bird/noun:** A type of animal that is, by all scientific and objective measures, the best one. **verb:** The worthy act of beholding a bird and giving it the time and attention it deserves.

**birder/noun:** A person who engages in the hobby of spotting, listening to, and/or otherwise perceiving birds. If you love observing birds, you're a birder. If you're new to the hobby, you're a birder. If you love birds but have never heard any of the slang or scientific jargon in this book before, you're a birder. If you're the type of person who judges other birders for not knowing enough about birds, you're still a birder but you're also an ass. If you're a Peregrine Falcon and love observing birds, you're just hungry.

— From *The Birding Dictionary* by Rosemary Mosco.



### *The Loon*

Most people are familiar with loons, members of the genus *Gavia*. *Gavia* is the Latin word for seabird, originally used to describe a sea duck. The word loon, sometimes associated with the moon, as in lunar, actually comes from the Norwegian term *lom* or *lum*, meaning clumsy. Loons are clumsy on land because their webbed feet are located far back on the body; very efficient for swimming but terrible for walking on land. The name might also have come from the Dutch *loen*, a crazy person. Loon, loony, and lunatic have all come to mean crazy, as in "crazy as a loon." The tremelo, the best known of their eerie calls, sounds like crazy laughter, hence the application of the name to an unbalanced person.

— From *Latin for Bird Lovers* by Roger Lederer & Carol Burr.



### The Heron (Ardeidae)

**Meaning: A positive message**

**Lore:** With its long, elegant legs and neck, the heron is closely related to the bittern and the two species often overlap in mythology.

The ancient Egyptian deity Bennu is depicted as a large heron. In one creation myth, he is said to fly over the waters of Nu, land on a rock, and cry out, calling forth life itself. Bennu was likely inspired by a now-extinct species of giant herons that were roughly the size of adult humans.

Hérons were also associated with the Greek goddess Athena. In Homer's *Iliad*, Athena sends a heron to Diomedes and Odysseus as a symbol of good luck. When they hear the cry of the bird, they pray to Athena.

— From *Ornithography: An Illustrated Guide to Bird Lore & Symbolism* by Jessica Roux.



*"Divine Intervention" by Laura Cutler.*

**MARCH/APRIL ARTIST  
LAURA CUTLER**

I have had the pleasure of taking photographs at the Arcata Marsh for a few years. I am a great fan of the Marsh for taking waste and turning it into a place of refuge and renewal. If my photos have a purpose, it is to create and share images that convey a kind of "spiritual composting" and renewal that I have often experienced at the Marsh.

Many of my photos are single frames. A few use collage elements. Others are composites of multiple Marsh images that are "composted" through my sense of the spirit of the moment and place.

The birds are such beautiful carriers of spirit and so have a special place in my images. I am grateful to all those who support and enjoy the Marsh and its wildlife and for the refuge it offers us all!

**MAY/JUNE ARTISTS  
STUDENT BIRD ART WINNERS**

Color copies of cash prize winners and honorable mention avian art from the 23rd annual contest for Humboldt K-12 students will be on display.

**Wiyot Acknowledgment**

**The Arcata Marsh and Wildlife Sanctuary is located on the unceded land of the Wiyot People, who continue to remain in relationship to these lands through ceremony, culture, and stewardship. They are important parts of the history of and continuing knowledge of this place.**

**Calendar of Events**

*[Docent-led tours leave the Interpretive Center every Saturday at 2 pm]*

March/April—Arcata Marsh photographs by Laura Cutler

March 4—Lecture on butterfly conservation by Clint Pogue, 7 pm (see p. 1)

March 8—Bicycle tour of the Marsh with Andy Feinstein, 2 pm

March 12—FOAM Board Meeting, 6:30-8 pm

March 21—Deadline for Student Bird Art Contest entries, 5 pm (see p. 2)

March 21—Invasive plant removal at the Marsh, 10 am (see p. 4)

March 29—Nature journaling session with Lynn Jones, 10 am

April 2—Lecture on salmon restoration by Rachael Aguirre, 7 pm

April 9—FOAM Board Meeting, 6:30-8 pm

April 12—Bicycle tour of the Marsh with Andy Feinstein, 2 pm

April 18—Nature craft activities with FOAM and other organizations, Godwit Days festival, 11 am-1 pm, Arcata Community Center (see p. 3 and 6)

April 24-47—City Nature Challenge using iNaturalist (see p. 5)

April 26—Nature journaling session with Lynn Jones, 10 am

May/June—Display of winning Student Bird Art at AMIC

May 7—FOAM Board Meeting, 6:30-8 pm

May 10—Bicycle tour of the Marsh with Andy Feinstein, 2 pm

May 24—National Otter Day, FOAM activities at Sequoia Park Zoo, 11 am (see p.3)

May 31—Nature journaling session with Lynn Jones, 10 am

**Thanks to Our Supporters, mid-October 2025 through mid-February 2026**

► **Best Friends (\$100+):** Katherine Davenport; Carolyn Mueller; Ed Murray (NEW Life Member!); Jeannie & Steven Smalley

► **Supporters (\$50-99):** Nancy Brockington\*; Gail Coonen; Nathan Coppel & Ellen Weiss (NEW Life Members!); Lorraine Dillon & Mike Metro; Frances & Francis Ferguson; Kathleen Lee; Mark Nakano (Livermore); David Tyndall & Chris Angell; George Waller; Berti Welty & Jo Weisgerber (NEW Life Members!); Beth Wingfield & Bobbie Mackay

► **Friends (\$18-49):** Quade Beattie\*; Betsy Elkinton & Brett Vivyan; Paula Flannery\*; Nancy Jackson\*; Joelle James\*; Angeline & Gabriel Holtski; Joyce Hough & Fred Neighbor; Gina Lawrence\*; Mary Ann Madej; Lee Mitchell-Brown; Kelly Nord & Steven Porter; Susan Odell\*; Rhodes & Vi Paris-Royce; Susan Penn\*; Matthew Prescott; Kathleen Rafael\*; Gisela & Jerry Rohde; Patricia Sennott; April Small; Jenn Tarlton; Terri Tinkham\*; Carl Tuck; Peter Warner\*

► **Donations from Life Members:** Lee & Chris House, \$1000 from Vintage BMW House; Cheryl & Todd Collart (Ventura), \$500; Wendy & Michael Finen (Cameron Park), \$500 from Carol Irvine Foundation; Susan Hansen, \$400; Linda Rogers (Pullman, WA), \$400; Debra Hartridge, \$250; Jean Santi (Portland, OR), \$200; Susan O'Connor & Tim Crlenjak, \$100; Daniel & Marilyn Ricketts (Modesto), \$100

► **Other Donations:** In honor of Ken Conlin, \$30,000; Rebecca Tilinski (Saint Peters, MO), \$500 in honor of Don Wentz; Miranda Hartridge (Yuba City), \$100 in honor of Debbe Hartridge & Ira Blatt; David Weiss (Iowa City, IA), \$100; Hambro Recycling, \$29.52; AMIC donation box, \$282.24

\* = New member

**FOAM**  
**Friends of the Arcata Marsh**  
**PO Box 410**  
**Arcata CA 95518**

ADDRESS SERVICE REQUESTED

**Mark Your Calendar for:**

**Butterfly Conservation Lecture, 3/4**

**Bike Tours, 3/8, 4/12, 5/10**

**Student Bird Art Contest Deadline, 3/21**

**Invasive Plant Workday, 3/21**

**Nature Journaling, 3/29, 4/26, 5/31**

**Salmon Restoration Lecture, 4/1**

**Godwit Days Festival, 4/17-19**

**Nature Craft Activities, 4/18**

**City Nature Challenge, 4/24-27**

**Otter Day Activities, 5/24**

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**MEMBERSHIP APPLICATION**



Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Please check the appropriate membership category:

Individual \$25       Family \$35       Student/Senior \$18

Sponsor \$50       Best Friend \$100       Life Member \$750

I would like more information about volunteering for FOAM,

FRIENDS OF THE ARCATA MARSH, PO Box 410, Arcata CA 95518      [arcatamarshfriends.org](http://arcatamarshfriends.org)

A tax-exempt, nonprofit 501(c)(3) organization, EIN #68-0232871. All donations are tax deductible.

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*If you are receiving a complimentary copy of this newsletter, please consider joining FOAM.  
If you were a member, but have allowed your membership to lapse, please renew.  
The Arcata Marsh Interpretive Center street address (not for mail) is 569 South G Street, Arcata.  
FOAM's mailing address is PO Box 410, Arcata CA 95518. You can reach us by phone  
from 1 to 5 pm on Monday and 10 am to 5 pm Tuesday through Sunday at 707-826-2359.*