



UPWIND

from the Arcata Marsh
Interpretive Center
Vol 30, Issue 2, Spring 2023

Our Mission: To stimulate understanding of the Arcata Marsh & Wildlife Sanctuary, its relationship with Arcata's integrated wastewater treatment system, the surrounding watersheds and bay, and their link with the Earth's water cycle

In This Issue: Speeding on I Street = Dead Otters... Science Fair Awards... Thanks Godwit Days Volunteers... Expanded Nature Crafts... Student Bird Art Contest Results... Docent Training... What's New at the Marsh?... July/August Artist... Humboldt Pet Supply Clean-ups... Calendar... Supporters



*Possibly pregnant female otter killed by speeding red truck March 24 on I Street.
Photo by Janina Shayne.*

Speeding on I Street an "Everyday Occurrence"

By Sue Leskiw

Another river otter lost its life in the Arcata Marsh & (so-called) Wildlife Sanctuary in March. This follows one killed by a car the previous April.

Cal Poly Wildlife professor Jeff Black has relayed to the City his knowledge of other close calls involving otters—as well as pedestrians and bicyclists—from vehicles going too fast on the long straight-away on I Street adjacent to Hauser Marsh, which he terms an “everyday occurrence.” He has shared maps of nearly 20 locations along Marsh roads where otters are known to cross, including two that see daily use.

When I heard about the newest otter death, I e-mailed FOAM members and volunteers, asking them to share personal accounts of dangerous driving they had witnessed on I/South I Street. Here are some of those comments:

“Motorist speeding/racing on I Street is a common occurrence that I witness regularly; so much that I expect to see it when I'm there, and I am there a lot...My wife and I walk at the Marsh 2 or 3 times a week, and we constantly see vehicles speeding on the last stretch of I Street before it dead ends at Klopp Lake. It's often scary, even though we're in the pedestrian walking area on the east side...On numerous occasions we see cars going dangerously fast (for pedestrians and/or otters!) along the stretch from Samoa to the first I Street parking lot. To the extent that we no longer bike/jog along that part of the road. I think a speed bump in that section would be appropriate...1) Put a stop sign just before the J curve at the south end of Gearheart Marsh; 2) Put a sign on (or near) the stop sign designating this stretch of I Street (between the new stop sign and the Klopp Lake

parking lot) as an Otter Safety Zone; 3) Post a new speed limit of 5 miles per hour in the Otter Safety Zone.... Every time I go to the Marsh on I Street, there are vehicles speeding in that exact area on the straightaway towards the end of I Street... I Street should close to traffic. Make Little Lakes property the parking area.”

While the City has erected otter crossing signs, Dr Black agrees with FOAM that “well-mounded speed bumps so everyone must slow to a near standstill” are called for. FOAM was told months ago that speed bumps would be incorporated in traffic-calming measures on I Street. However, installation has been put on hold pending a revisiting of the City's Speed Hump Policy by its Transportation Safety Committee.. The TSC meets the third Tuesday of each month at 4:30 pm in the Council Chambers. Comments can also be sent to engineering@cityofarcata.org.

2022-23 Board of Directors & Officers

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[From left] Nova Garwood, Sol Buwalda-Coradines, contest coordinator Melody McGuire, and Kiera McIver. Photo courtesy of Humboldt County Office of Education.

FOAM Gives Out Four Science Fair Awards

By Lynn Jones

Held at Cal Poly Humboldt's Forbes Gym, the 2023 Doris Niles Humboldt County Science Fair returned to an in-person event after 3 years of cancellation or on-line competition. The array of unique, well-thought-out projects from grades 5 through 12 yielded this year's winners for the best projects related to wetlands. This is the 17th year that FOAM has given out awards.

The first-place award of \$50 went to "Is Dog Scat Pollution a Problem on Humboldt County Trails?" by Nova Garwood, a sixth-grader at Jacoby Creek School. Nova's goal was to map on which of 17 trails uncollected dog poop is found, then to analyze whether it is left more frequently on urban or rural trails, closer to trailheads, or on trails that do not provide collection bags and cans. Her conclusion was that urban trails that provide collection have the most stranded dog poop on trails. She stated that better educating dog owners might change this behavior. Nova even designed an informative sign to help (see right-hand column)!

The second-place award of \$25 went to "Sorbent Solutions" by Sol Buwalda-Coradines, a fifth-grader at Fuente Nueva Charter School. Sol tested polyvalent paper towels, common household paper towels, moss, kitchen sponges, polyester yarn, and kitty litter, to see which would absorb the most oil from water, with possible use in containing oil spills that contaminate water resources. She hypothesized that the polyva-

lent paper towel would be the most absorbent at removing oil from water because it works well to clean up grease and oil when it is wet or dry and mechanics use them because they are very absorbent and durable. Her systematic data revealed that materials that efficiently absorbed water did *not* absorb oil and that polyester yarn was actually the most effective at taking up oil without water. Sol wrote her research question and hypothesis in Spanish and English.

The third-place award of \$15 went to "Is Your Water Safe to Drink? Macroinvertebrates to the Rescue" by Kiera McIver, another fifth-grade student at Fuente Nueva. Kiera tested upper and lower Jolly Giant Creek for benthic macroinvertebrates (small aquatic animals and larvae), because they occur in higher numbers where the water is less polluted. She found, predictably, that there are more benthic macroinvertebrates in the upper reaches, because the creek passes through and under the City of Arcata. Since Jolly Giant Creek feeds Butcher Slough, her findings are relevant to the health of the water in the Arcata Marsh. Her project was also written in English and Spanish.

This year, FOAM gave a special award of \$50 to a 3-year project by Alexandra Morris, a junior at Arcata High. "Save the Day by Saving the Bay" was another test of removing oil from water, where various materials were used to separate crude oil from Bay water. Oil enters bodies of water in small and large quantities, causing damage to ecosystems. Alexandra found that, as she predicted,

feathers absorbed the greatest quantity of oil because the unique structure of feather fibers has evolved to absorb and spread oil while resisting water (as we've seen in birds in an oil spill). Burning oil off the surface of Bay water was the second-most effective, while the least efficient method was oil eating microbes.

Nova and Alexandra were among the 15 Humboldt County students selected to compete in the state science fair. Nova's project is on display at the Arcata Marsh Interpretive Center through June.



Sign designed by Nova Garwood.

Godwit Days Volunteers

FOAM sends out a heartfelt thank you to the following people who volunteered to help with its activities associated with April's Godwit Days Spring Migration Bird Festival:

» Katy & Tom Allen, Sue Leskiw, Carol McNeill, Barbara Reisman, Gina Rogers, Mary Severdia, and Joyce Soong (joining Audubon recruits Judi Brown, Gail Kenny, and Susan Penn) hung the 650 pieces of student bird art. Sue Leskiw and Andy Feinstein, with help from California Conservation Corps members, took down the art.

» Maria del Carmen Baron took the lead on organizing the Friday opening reception, including pick-

ing up food donations and lining up staff. FOAM-recruited volunteers who served drinks, collected money/tickets, brought out food, and washed dishes were Maria Baron, Alexia Chojnacki, Elliott Dabill, Andy Feinstein, Maddy Hapgood, Sue Leskiw, Lee Mitchell-Brown, and Ila Osburn.

» Lynn Jones, Robbin Kohn, Cindy Kuttner, Sue Leskiw, Kate Monahan, Bill & Carolyn Prescott, Genevieve Serna, and Mark Wilson staffed the FOAM table in the Bird Fair.

» Paul Johnson snapped photos of the winning bird art and nature writing students, as well as took pix during the opening reception.

» Elliott Dabill created and delivered a 10-minute presentation about the Marsh and FOAM on Friday night.

» Mark Wilson led a Godwit Days kids' Marsh nature walk.

Nature Crafts Expanded

By Sue Leskiw

For this year's return to an in-person festival, I suggested to the Godwit Days Board that other nonprofit groups involved in environmental education be invited to participate in the usual FOAM free family nature crafts session. The event was moved to Sunday in the main hall, to get more traffic through the Bird Fair.

Five organizations agreed to participate: California State Parks, Friends of the Dunes, the Natural History Museum, the Great Redwood Trail, and Sequoia Park Zoo. Each organization staffed a table, offering pine cone bird feeders, button making, critter masks and hats, nature journals, bird finger puppets, and plantable note cards.

With the help of Sarah Bourque, Sharon Ferrett, Sue Leskiw, Mary Ann Madej, Emily Monahan, and Madeleine Roberts, FOAM was able to stage four tables of crafts: bird and otter masks, bird hats, Marsh critter ornaments, wooden stickered ornaments, and bird beak wheels.

Many children circulated through the tables and both volunteers and the kids had a lot of fun!



Reception volunteers. [Top left] Sue Leskiw and Maria Baron. [Top right] Dishwasher extraordinaire Elliott Dabill. [Bottom] Andy Feinstein (far right) and Ila Osburn pouring libations. Photos by Paul Johnson.



Some FOAM nature craft results. Photos by Sue Leskiw.



Student Bird Art hanging crew.



Results of 20th Annual Student Bird Art Contest

By Sue Leskiw

Some 650 Humboldt County school kids pulled out paints, pencils, pastels, or paste to enter the 20th Annual Student Bird Art Contest. Co-sponsors were FOAM and Redwood Region Audubon Society.

The contest was held in association with mid-April's Godwit Days Spring Migration Bird Festival. This year, the festival returned to a 4-day, in-person event at the Arcata Community Center, so all art entries were posted there for public viewing.

Awards totaled \$650, with 41 cash prizes plus 39 honorable mentions. The winners were:

Kindergarten & Grade 1

1st: Morgan Boynton, Aldergrove Charter, Anna's Hummingbird

2nd: Harry Davis, Jacoby Creek, Chestnut-backed Chickadee

3rd: Kayona Brown, Fuente Nueva Charter, Black-crowned Night-Heron

Honorable Mentions: Teddy Mainzer, Jacoby Creek, Bald Eagles; Hailey Potter, Greenpoint School, Wood Duck; Alia Kurland-Hardy, Fuente Nueva Charter, Barred Owl; Arabella Steele, Seaforth Montessori, American Robin

Grade 2

1st: Iver Vu, Fuente Nueva Charter, Sandhill Crane; Kira Osbourne, Redwood Coast Montessori, Northern Flicker

2nd: Wren Pittman, Fieldbrook Elementary, Spotted Owl; Aurelia Fosnaugh, Northern United Charter, Ruby-throated Hummingbird

3rd: Ona Kypta, Garfield Elementary, Osprey; Owen Rogers, Jacoby Creek, Bald Eagle

Honorable Mentions: Sophie Adams, Northern United Charter, Snowy Plover; Joah Nicely Alfaro, Fuente Nueva Charter, Peregrine Falcon; Aiden Salters, Northern United Charter, Bullock's Oriole; Cully Stack, Northern United Charter-Willow Creek, Bushtit; Jordan O'Connor, Fieldbrook Elementary, Bald Eagle



Grade 3

1st: Anika Terry, Garfield Elementary, Black-crowned Night-Heron; Penn Kerhoulas, Garfield Elementary, California Quail

2nd: Heidi Tout, Garfield Elementary, Steller's Jay; Madden McCall, Northern United Charter, American Avocet

3rd: Michael Mead, Loleta Elementary, Bald Eagle; Bernardo Freitas, Northern United Charter, American Kestrel

Honorable Mentions; Riley Lawler, Fieldbrook Elementary, Peregrine Falcon; Raven Lovejoy, Seaforth Montessori, Northern Flicker; Calvin Angleton, Garfield Elementary, Tufted Puffin; Maelyn Hernandez-Hernandez, Morris Elementary, Spotted Owl; Doc Strong, Coastal Grove Charter, Rock Wren

Grade 4

1st: Ayla Dunn, Union Street Charter, Chestnut-backed Chickadee; Teus Kypta, Garfield Elementary, Peregrine Falcon

2nd: Ginger Larsen, Union Street Charter, Great Blue Heron; Ezekiel Giordano, Home Schooled, Black-crowned Night-Heron

3rd: Maeve Warburton, Fuente Nueva Charter, Steller's Jay; LaRuca Fleming, Union Street Charter, Steller's Jay

Honorable Mentions: Zane Niehaus, Fieldbrook Elementary, Red-shouldered Hawk; Lili Kibbe, Garfield Elementary, Snowy Plover; Adelia Olson, Fuente Nueva Charter, Anna's Hummingbird; Maya Losh, Union Street Charter, Great Egret; Kennedy Howard, Morris Elementary, Belted Kingfisher; Hadley Johnson, Pacific View Charter, Burrowing Owl; Tanner Baxter, Fieldbrook Elementary, Varied Thrush

Grades 5&6

1st: Tadeus Furaha, Coastal Grove Charter, Snowy Egret; Elianna Emery, Agnes Johnson Charter, Northern Flicker

2nd: Allison Thompson, Sunny Brae Middle School, Steller's Jay; Alysse Gildea, Jacoby Creek, Great Blue Heron

3rd: Irena Fugate, Northern United Charter, White-tailed Kite; Levi Duhem, Aldergrove Charter,



Chestnut-backed Chickadee

Honorable Mentions: Aria Belli, Ferndale Elementary, American Crow; Alec Wray, Northern United Charter, Tufted Puffin; Thea McKnight, Coastal Grove Charter, Barn Swallow; Cianna Pace, Northern United Charter-Willow Creek, Red-tailed Hawk; Ender Guthrie, Fuente Nueva Charter, American Goldfinch; Kaya Goff, Whitethorn Elementary, Anna's Hummingbird

Grade 7

1st: Maysa Coelho, Agnes Johnson Charter, Cliff Swallow

2nd: Brylee Mullaney, Miranda Junior High, Pileated Woodpeckers

3rd: Kyle Cox, Stanwood Murphy Elementary, Mallard

Honorable Mentions: Clarisse Behling, Sunny Brae Middle School, Cedar Waxwing; Sky Paz, Sunny Brae Middle School, Anna's Hummingbird; Evie Herrera, Pacific Union, Anna's Hummingbird

Grade 8

1st: Mariia Vasileva, Sunny Brae Middle School, Belted Kingfisher

2nd: Julia Brands, Pacific Union, Great Blue Heron

3rd: Alysiana Fouquette, Stanwood Murphy Elementary, Little Bunting

Honorable Mentions: Kimberley Barreto, Stanwood Murphy Elementary, Anna's Hummingbird; Kegan Ingallina, Fortuna Junior Academy, American Avocets; Lluvia Aguilar, Fortuna Middle School, Cedar Waxwing; Emileigh Schmidt, Stanwood Murphy Elementary, White-tailed Kite

Grades 9-12

1st: Muhammad (Sultan) Sholahudin, Eureka High, Great Blue Heron

2nd: Maggie Odell, Eureka High, American Wigeon

3rd: Evie Dowd, Northern United Charter, Bufflehead

Honorable Mentions: Keani Pele Young, Arcata High, Marbled Godwits; Malia Stafslie, South Fork High, Anna's Hummingbird; Hannah Webb, Eureka High, Varied Thrush; Iris Hahner, Academy of the Redwoods, Yellow-breasted Chat; October Mintey, Arcata High, Great Egret

Best Bird in Habitat Awards

Margot Nims, Grade 3, Garfield Elementary, Spotted Owl; Mia Hong-Novotney, Grade 4, Fuente Nueva Charter, Barred Owl; Zeno Fosnaugh, Grades 5&6, Northern United Charter, Cedar Waxwing; Emma Ayres, Grades 5&6, Garfield Elementary, Marsh Wren; Arianna Benitez, Grades 9-12, Aldergrove Charter, Pileated Woodpecker

Copies of winning artwork are on display at AMIC through June. A cookies-and-punch reception will be held on May 19 from 5 to 7 pm. A downloadable booklet containing the artwork and photos from the awards ceremony will be posted in late May at www.godwitdays.org and www.arcatamarshfriends.org.



[Above] Docents, post-training, on AMIC front porch. [Right] Carol Ralph showing a plant. Photos by Paul Johnson.

Docent Training 2023

By Lynn Jones

In the last week of April and the first week of May, 10 enthusiastic participants spent two full weekends cramming their brains with Arcata Marsh & Wildlife Sanctuary information, in order to volunteer for FOAM in various capacities. These people will join the cadre of well-informed Interpretive Center welcome desk staff, docents, and roving naturalists. A few of them have already been volunteering at the Marsh, while others are brand-new recruits to our cadre of helpers.

Organized by FOAM president Elliott Dabill, four Board members each hosted a day of speakers and walks, focusing on specific aspects of the Marsh. Each participant received the essential FOAM guidebooks: *Common Birds of the Arcata Marsh and Sanctuary* and *A Photographic Guide to the 101 Common Plants of the Arcata Marsh and Sanctuary*, plus a field notebook.

On April 29, host Paul Johnson spoke about nature interpretation and modeled elements of a successful tour. Sharon Levy, author of *The Marsh Builders*, enlightened trainees about the history of the fight for our unique wastewater system. Marnie Atkins, cultural center director for the Wiyot People, answered questions and provided cultural insights about the original people of the Humboldt Bay area.

The next day, I hosted native plant garden designer and builder Lynne Abels, who explained the

importance of native plants, while touring the garden in front of AMIC. Andrea Pickart, ecologist and wetland specialist, shared successes and stumbling blocks in eradicating invasive *Spartina* (cordgrass) from the Marsh. A talk and tour of the Marsh's wind-pollinated trees by Eli Kallison showed us which plants aren't dependent upon pollinators. And after a hands-on lesson in distinguishing grasses, rushes, and sedges, Carol Ralph, president of the North Coast Chapter of the California Native Plant Society, took us on a comprehensive plant walk.

The following weekend, host Ava Iorizzo started us off early to meet graduate student Gina Culver, who filled us with otter facts while searching (unsuccessfully) for a viewing. Birder extraordinaire Ken Burton gave a thorough and accessible overview on how to know and talk about birds without being an expert, before he took us on a rewarding bird walk. We traded binoculars for magnifying glasses to look at insects, as naturalist Pete Haggard shared slides, pinned specimens, and wisdom about insects.

On the last day, host Andy Feinstein led educational games and shared alternative teaching strategies that tour guides can use with a variety of audiences. Then, geomorphologist Mary Ann Madej provided a deep dive into the structure of Humboldt Bay, the waters that feed it, and what the future holds for the region. To wrap up the day, Chad Scott, City of Arcata wastewater treatment plant operations su-



pervisor, explained how the Marsh's whole reason for existing—the natural wastewater system—works.

New friends were made, new inside jokes were born, and the new volunteers are totally ready to share what they've learned. FOAM would especially like to thank the speakers and tour leaders for sharing their expertise and the Board members who spent countless hours planning the training. The 10 individuals who completed the course are Renshin Bunce, Gail Coonen, "Dao," George Green, Kathleen Kolodny, Robbin Kohn, Pam Owens, Gina Rogers, Steve Sofos, and Paul Wilson. Keep your eyes out for them on the trails and behind the welcome desk!

What's New at the Marsh?

By Heather Schmidt

After a long, wet winter, everyone is excited to see spring arrive at the Marsh. The native plant garden in front of AMIC is growing more vibrant with each passing day. The owl's-clover is in bloom throughout the Marsh. The birds are singing and the bees are buzzing.

Due to staffing constraints, AMIC has continued to remain closed on Mondays. We hope to see that change in the coming months, as the City hires a new environmental program aide to assist George with staffing AMIC on weekdays. The City thanks all those volunteers who stepped up to cover the desk during the week when needed and keep AMIC open to the public.

We have been busy hiring summer camp directors. The Arcata Recreation Division will again host Marsh Explorers and Young Explorers Science camps utilizing AMIC as the classroom. Camps will take place Monday through Friday from 1 to 5 pm, June 19-August 18.

As most of you have probably noticed, the Wastewater Treatment Facility Improvement Project is well underway and can be seen and heard throughout the Marsh. Construction activities include, but are not limited to, a new ultraviolet (UV) disinfection system to replace the current chlorine-based one and reduce associated disinfection by-products, a new electrical building, upgrades and retrofits to existing facilities, oxidation pond aerators, extensive new sewer piping and electrical duct work, a new pump station to the enhancement marshes, and a new treated effluent outfall located at Brackish Marsh.

The City has received all environmental permits and approvals for the project and has a multidisciplinary team of consultants and City staff to monitor construction activities and minimize environmental impacts in and around the core wastewater treatment facilities and the publicly accessible enhancement marshes. Sections of the Arcata Marsh & Wildlife Sanctuary may be temporarily closed during pre-construction bird, amphibian, and botanical surveys; during pre-construction vegetation removal; during construction; and while conducting post-construction mitigation measures. At various points, this will involve closing the Klopp Lake trail and South I Street. We will do our best to notify the FOAM Board, volunteers, and the general public of these closures in advance whenever possible.

Portions of the South G Street parking lot and the Little Lakes property along South I Street will serve as staging areas throughout the project. This is one reason that a new gate was installed on South I and is periodically being closed overnight by Arcata Police.

Construction activities will last 3 years, with an anticipated end date of December 2025.



JULY/AUGUST ARTIST LYNN NIEKRASZ

Born and raised in Southern California, I moved to Humboldt in the early 70s. My childhood interest in art was encouraged. One of my paintings from first grade traveled with a youth exhibition in Sacramento. My exposure to museums in Los Angeles sparked a desire to create.

Before retiring from a busy hair-dressing career, I began instruction in oil painting from Master Artist Michael Hayes. I studied with him for over 5 years, where he introduced me to plein air painting. I marvel at the beautiful areas in Humboldt and enjoy outdoor painting with fellow artists.

I continued my education through Redwood Art Association workshops and classes offered by the Morris Graves Foundation. I've attended workshops by Jim McVicker, Stock Schleuter, Randall Sexton, John Hewitt, and Ryan Jensen. My goal is to continue learning and progressing in my chosen media.

My work can be viewed on my Instagram @LynnNiekraszPaints or my Facebook page. I also exhibit reg-

ularly at Redwood Art Association, Art Center Frame Shop and Gallery, and Old Town Coffee and Chocolates in Henderson Center.

I recently joined the Representational Art League, where my art is included in current shows at Redwood Capitol Bank in Eureka and the Weaverville Art Gallery in Weaverville.

Join Humboldt Pet Supply for Monthly Marsh Clean-ups

Our G Street neighbor is sponsoring pet waste/trash clean-ups at the Arcata Marsh every third Saturday. Stop by the store at 145 G Street to pick up supplies, then walk the Marsh at your leisure, picking up waste. Bring everything back to HPS by 4 pm to be weighed.

For more information, visit www.humboldtpetsupply.com.

Calendar of Events

[Docent-led tours leave the Interpretive Center every Saturday at 2 pm]

May 19—Reception for Student Bird Art Contest Winners, 5-7 pm

May/June—Winners of Student Bird Art Contest on display (see p. 4)

June 15—FOAM Board Meeting, 6:30-8 pm

July/August—Paintings by Lynn Niekrasz

July 13—FOAM Board Meeting, 6:30-8 pm

Thanks to Our Supporters, mid-January through mid-May

» **Best Friends** (\$100+): William Alexander; Nicholas Jaeger*; Glen & Deanne Jones; Cynthia Rudick (Canton, OH)

» **Supporters** (\$50-99): Monica Simms & John Helie; The McKnight Family; Joyce & Fred Neighbor; Chris Angell & David Tyndall, Jr*

» **Friends** (\$18-49): Renshin Bunce*; Steve Conger; Ellen Weiss & Nathan Copple; Catherine Dean*; Andy Feinstein; Esther & Neil Gilchrist (NEW Life Members!); Ehren Kappe*; Kathie Kelly*; Cathy & Alan Lamb*; Kathleen Lee; Janyce Neiman; Pamela Owens*; Charmayne Replogle; Patricia Sennott; Elaine Sorensen*; Ann Diver-Stamnes & Steve Stamnes; Randy Terra*; Bobbie McKay & Beth Wingfield

» **Donations from Life Members:** Lee & Chris House, \$200

» **Other Donations:** Poetry reading/concert honoring the memory of FOAM Life Member Thea Gast (event held at Humboldt Unitarian Universalist Fellowship on 5/13), \$340; Patricia Thornburgh, \$100 in remembrance of Marianne Rayburn; AMIC donation box, \$286.40; Amazon Smile, \$12.22

* = New member

FOAM
Friends of the Arcata Marsh
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Arcata CA 95518

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Mark Your Calendar for:

Student Bird Art Reception, 5/19
Humboldt Pet Supply Clean-ups,
every 3rd Saturday

MEMBERSHIP APPLICATION



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Please check the appropriate membership category:

☐ Individual \$25 ☐ Family \$35 ☐ Student/Senior \$18

☐ Sponsor \$50 ☐ Best Friend \$100 ☐ Life Member \$750

☐ I would like more information about volunteering for FOAM,

FRIENDS OF THE ARCATA MARSH, PO Box 410, Arcata CA 95518

www.arcatamarshfriends.org

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If you are receiving a complimentary copy of this newsletter, please consider joining FOAM.

If you were a member, but have allowed your membership to lapse, please renew.

(See mailing label for your expiration date.)

Interpretive Center street address is 569 South G Street, Arcata.

FOAM mailing address is PO Box 410, Arcata CA 95518. You can reach us by phone from 9 am to 5 pm Tuesday through Sunday and 1 to 5 pm Monday at 707-826-2359.