Our Mission: To stimulate understanding of the Arcata Marsh & Wildlife Sanctuary, its relationship with Arcata’s integrated wastewater treatment system, the surrounding watersheds and bay, and their link with the Earth’s water cycle.

In This Issue: Four Special Tours... Godwit Days Returns in 2023... FOAM Annual Meeting/Volunteer Appreciation Lunch (Including Volunteers & Bird of the Year and Election Results)... South I Street Update... Wildberries Fundraising... What's Happening at the Arcata Marsh?... Pastels on the Plaza... Coastal Cleanup at the Marsh... New Paradigm for Pet Cats... Annual Report... Nov/Dec & Jan/Feb Artists... Calendar... Our Supporters

Four Special Tours on Tap
Join leaders Alex Stillman and Jean Santi on FOAM’s 22nd annual Thanksgiving Morning Ramble at the Marsh. If you’d like to set out on a 90-minute leg-stretcher before your big dinner, meet them in front of the Interpretive Center at 10 am on Thursday, November 24.

On Sunday, December 25, join leaders Ken Burton and Paul Johnson for a Christmas Day tour; meet at 10 am at the Interpretive Center.

On Sunday, January 1, Lynn Jones will be the docent for a New Year’s Day tour; meet at 10 am at the Interpretive Center.

On Saturday, January 21, Elliott Dabill and Barbara Reisman will lead a King Tide Tour at the Marsh. Meet at 10 am at the first parking lot on South I Street, in from Samoa Boulevard.

Tours will happen, rain or shine. Call 707-826-2359 closer to the event dates to confirm that the building will be staffed by volunteers during the holidays.

Wiyot Acknowledgment
The Arcata Marsh and Wildlife Sanctuary is located on the unceded land of the Wiyot People, who continue to remain in relationship to these lands through ceremony, culture, and stewardship. They are important parts of the history of and continuing knowledge of this place.

Godwit Days Returns in 2023
By Sue Leskiw
The Arcata Community Center will once again be the location for next spring’s Bird Migration Festival (April 13 through 16). This is the first time in four years that this event approaches “normal,” as the festival was cancelled in 2020, online only in 2021, and with limited in-person field trips in 2022.

2023 marks the 20th anniversary of the Student Bird Art Contest, cosponsored by FOAM and Redwood Region Audubon Society (RRAS). The festival’s return to the Community Center means that we will be able to display ALL of the entries in the hallways and have our Saturday morning awards ceremony. (Plans are also underway for a public reception at the Arcata Marsh Interpretive Center.

(continued on page 3)

2022-23 Board of Directors & Officers

Officers
President: Elliott Dabill
Vice-President: David Couch
Secretary: Cindy Kuttner
Treasurer: Sue Leskiw (Ex Officio; also UPWIND Editor)

Other Board Members
Maria Baron
Andy Feinstein
Ava Iorizzo
Paul Johnson
Lynn Jones
Bill Prescott
Jean Santi
Mark Wilson

Website: www.arcatamarshfriends.org
Facebook: www.facebook.com/Friends.of.the.Arcata.Marsh
Amphitheater Dining at FOAM’s Annual Meeting

By Sue Leskiw

On Sunday, October 2, FOAM held its 29th annual meeting, returning to an in-person event. Approximately 30 members and volunteers attended the lunch held in the outdoor amphitheater, which was followed by an indoor PowerPoint by Board president Elliott Dabill.

Jeannie Smalley and George Ziminsky won Volunteer of the Year awards. Jeannie staffed the welcome desk for a whopping 33 shifts totaling 132 hours! George dedicated a large portion of his free time to patrolling the Marsh, erasing graffiti, picking up trash, reporting illegal camping and RV over-parking, spotting fires, and keeping track of birds and their nests. Although his usual slot working for the City at the Interpretive Center is from 1 to 5 pm, his distinctive truck can be seen in the South G Street parking lot nearly every morning.

FOAM also gave a shout-out to three other volunteers who staffed the desk more than 20 times during the past year: Robbin Kohn, Deborah Watson, and Alan Wolski.

FOAM and the City of Arcata offered special recognition to Lynne and Paul Abels, the sister-brother duo who envisioned, proposed, oversaw, and labored mightily to create all three phases of the native plant garden in front of the Interpretive Center. It’s hard to believe the progress that has been made since January 2021, when Arcata Recreation Supervisor Heather Schmidt first contacted FOAM about financially supporting a new native plant garden proposed by Lynne and Paul. The Abels have been there through all three phases of the project: selecting and siting the plants, preparing the planting areas, and keeping them weeded. Given that the project needed approval from the state Coastal Commission, it’s awesome that it has been completed in less than two years! The last steps will be pounding in a few more plant tags and installing the new interpretive sign in memoriam of the late Patricia Marien, a former FOAM Board member.

This was the ninth year that FOAM has presented an Arcata Marsh Bird of the Year award, which recognized the rarest bird(s) spotted within the Marsh between September 1, 2021 and August 31, 2022. The winner was Yellow-throated Warbler, spotted by Dennis Wolfe of Portland, Oregon, on September 29, 2021. It was the first Marsh record for this species. Two other noteworthy birds seen during that period were Virginia’s Warbler, first spotted by Rob Fowler on September 29, 2021, and Sandhill Crane, found by Drew Mayer while leading an Audubon bird walk on April 30, 2022.

Elliott reviewed highlights of the 2021/22 Annual Report (see pages 5&6). Forty ballots were received from FOAM members in good standing. New Board members are Maria Baron, Andy Feinstein, and Ava Iorizzo. David Couch, Lynn Jones, and Cindy Kuttner were elected to another 3-year term.
South I Street Update

By Heather Schmidt

This fall, the City of Arcata began implementing improvements to South I Street between Samoa Boulevard and the Klopp Lake parking area. These changes are part of an ongoing effort to create safer pedestrian access into the Marsh and reduce traffic speeds to help protect wildlife.

During the week of September 20, the City’s Streets and Utilities Department repaved a section of I Street north of Brackish Pond. The repaving included realigning the roadway to widen the eastern shoulder, allowing more space for pedestrians. The department’s intention is to add two speed humps in this section of the road in the months to come.

Additionally, two new speed limit and otter crossing signs have been installed, one in each direction at the curves in the road between Gearheart and Hauser Marshes. The new posted speed limit is 10 mph.

To help curb overnight camping and other illicit use within the wildlife sanctuary, the Environmental Services Department is moving towards changes in the I Street gate closure. Though rarely locked, the current posted closure times are between 12 am and 4 am. The newly proposed closure times will be consistent with that of other City parks and natural spaces: roughly dusk to dawn. This adjustment requires a change to the Municipal Code and will be agendized for City Council consideration by the end of the year.

This summer and fall, FOAM volunteers helped collect supporting data by completing parking surveys to record the number of vehicles parked in five different locations along I Street during a variety of times within the newly proposed closure hours. Once the hours have officially changed, Arcata Police will begin clearing the parking areas each evening and locking the gate overnight.

Wildberries Donation Boxes Yield $155 for FOAM

Register donation boxes set out at store registers from July through September collected money for FOAM. Thanks to Wildberries Marketplace in Arcata for giving FOAM this exposure and fundraising opportunity!

What’s Happening at the Arcata Marsh?

By George Ziminsky

Fall has arrived at the Marsh, with shortening days and the cackles of Aleutian Geese overhead. AMIC staffing has seen significant changes recently, with Kelsey leaving for employment elsewhere and Rachael starting her maternity leave. We will be welcoming two new Environmental Services aides to help with staffing—Jerry Swider and Sandrine Thompson—so stop by and say hello. Heather Schmidt, myself, and weekend volunteers have been keeping AMIC open and running during the week. Starting Monday, October 31, AMIC will be closed all day on Mondays, until the new staff gets settled in.

The parking lots continue to be de facto campgrounds and all that goes with it. Around AMIC, we are regularly inundated with trash bags and what seems to be rejected recycling from clients of the CRV buy-back/recycling business across the street. The trash and recycling cans are regularly pillaged and vandalized throughout the Marsh. There still are long-term campers in sensitive areas of the Marsh, as society fails to come up with solutions to homelessness, drug abuse, and mental illness. While the early rains haven’t amounted to much accumulation wise so far, they have at least taken the edge off fire danger that existed this summer.

Elsewhere on the North Coast, it has been a good fall migration for warblers, but the Marsh has had to be content with the usual suspects. Coverage by local and visiting birders has been substantial, without producing much in the way of diversity. A few American Bittern sightings, a lingering White-faced Ibis, and several Eurasian Wigeons have been the standouts. I had the good fortune to see (but not photograph) a Barn Owl roosting in a Western red cedar on the east side of the Log Pond. The owl was being hassled by crows and flew off over the Log Pond to the west, not to be seen again...
A New Paradigm for Pet Cats
By Cindy Kuttner

I love my cat. She adopted me a few years back. At first, I laid out a bed and fed her outside, because “I am a dog person, not a cat person.” Then, she poked her head in the door and very slowly checked out the inside of the house. I thought she would be a mostly outside cat because I would never have a cat litter box in my house. Let her poop outside.

Then, after several indoor visits, she brought in a small bird: an easy-to-catch Pine Siskin. It was this tender, ruffled, dead bird that changed my mind about where my cat belonged.

Palette became my Indoor Kitty. For years now, she has used a litter box and hangs out on window sills chittering at the bird feeder. We relax together when she sits on my lap. Because we live on a road where countless pets and wildlife have met their end at the front end of a motorized vehicle, Palette is always safe indoors.

I am now a cat person. Roaming cats come up to me in a friendly way. I say to them, “Hello, cat. Be Safe. Don’t Kill Anything.”

According to The American Bird Conservancy (abcbirds.org):

► “Of all the human-caused direct mortality threats to birds, cats take the biggest toll, killing an estimated 2.4 BILLION birds a year.”

► “Across the globe, the introduction of domestic cats (Felis catus) to new environments has invariably resulted in harm to native wildlife. Yet when kept contained – indoors, on a leash, or in a catio – domestic cats make wonderful pets and lead happy and healthy lives, while wildlife is protected.”

I can vouch for that. My cat, sweet soft Palette, is a happy and safe pet.

So here’s a new way of looking at things: Cats indoors and on leashes! Just like our dogs.

People are changing their attitudes about free-roaming cats. You may have seen kitties on leash walks, or outdoor catios built for feline pets.

Of great concern are free-roaming cats at the Arcata Marsh and Wildlife Sanctuary. It is a sanctuary for wildlife and thousands of birds actually depend on the Marsh to live. Cats not only kill birds, they also prey on small mammals, amphibians, and reptiles. Cat poop contains toxic bacteria that infects all animals, contaminating the Marsh waters.

Cats make good pets. Cats are predators. Love your cat. Protect wildlife. Keep your beloved cat indoors and take it on leashed walks.

Pastels on the Plaza 2022
By Lynn Jones

The morning was foggy as artists gathered around the Arcata Plaza, laden with brushes, squirt bottles, knee pads, and steaming thermoses of coffee. They perused the empty chalk squares in search of a comfortable and inspiring space to transform into ephemeral works of art for the annual Pastels on the Plaza fundraiser for Northcoast Children’s Services.

The Farmers Market and live music ensured a steady stream of supportive onlookers, entranced by the alteration of the gray, pebbly sidewalk into a blast of color and creativity.

The FOAM-sponsored square was a stylized interpretation of the flora and fauna that patrol our sloughs and wetlands, done by local artist Sharon Ruchte. The iconic egret ingesting a snake among the thistles and fennel, with a Red-winged Blackbird looking on, conveys the seasons of the Bay and the Marsh.

Coastal Cleanup Comes to the Marsh

The Humboldt Unitarian Universalist Fellowship (HUUF) organized a 3-hour cleanup at the Arcata Marsh on Sunday, September 25. The event was part of the month-long Coastal Cleanup spearheaded by the Northcoast Environmental Center. Approximately 30 volunteers collaborated to remove 80 pounds of trash. Thank you, HUUF!

NOVEMBER/DECEMBER ARTIST
ANDREW DANIEL

For the last 25 years of living in Arcata, one of my favorite places to paint has always been the Arcata Marsh. When I’m blocked and I don’t know what to paint, I often return to this comfortable place and look for new ways to express its beauty. The weather patterns in the sky, reflected in the pools, are like a playground to me. The birds my steady morning companions, enjoying the freshness of the new day. One of my favorite things about this place is getting to the people that frequent the Marsh as they walk up and chat.

On a technical level, I have been exploring acrylic paint lately. There is a new type that takes about three hours to dry. This has been fun for me to play with, because acrylic often feels like a less-technical paint for me than oils, so I can make marks impulsively, knowing that they can be covered over later without having to accommodate the previous layer too much. Having a more spontaneous approach keeps me

(continued on page 7)
Tours: 9059 adults and children visited the Arcata Marsh Interpretive Center (AMIC) between September 1, 2021 and August 31, 2022. One hundred seventy-six of them participated in the 44 weekly Saturday 2 pm tours led by FOAM docents. There were 11 special-request tours with 416 attendees, including a June Coastwalk group. FOAM also provided docents for six tours during the Family Nature Summit in July.

Education: In January, FOAM initiated a Roving Naturalist program at the Marsh, with four leaders: Elliott Dabill, Paul Johnson, Lynn Jones, and Jean Santi. By summer, Barbara Reisman, Sharon Levy, Jenny Hanson, and Andy Feinstein had joined to swell the number of leaders to eight. Wearing special vests and armed with maps and bird/plant ID books, each rover walks (or bikes) the Marsh trails at least one day a month, offering to answer visitor questions or show them interesting nature scenes.

FOAM underwrote refurbishment of the mounted binoculars at Klopp Lake (which were stolen just three months after their installation).

Board member Mark Wilson handcrafted a new oversized wooden puzzle using Gary Bloomfield’s artwork of marsh life above and below the water.

Cindy Kuttner took over as FOAM’s representative on Redwood Region Audubon’s Cat/Bird Committee, which sponsored a tour of “catios” (fenced outdoor spaces for cats) in September 2021.

Public Events: FOAM presented its eighth Arcata Marsh Bird of the Year award at its September 12 Zoom annual meeting. The winner was Gray Catbird, a first Marsh record discovered by George Ziminsky. The runner-up award went to Great-tailed Grackle, spotted by Tom Leskiw.

In October, FOAM once again participated in Pastels on the Plaza, a fundraiser for Northcoast Children’s Services. Melanie Dabill served as the artist.

In November, FOAM sponsored its 21st Thanksgiving tour of the Marsh. The Volunteer Trail Stewards group performed litter pickup and invasive plant removal on November 27.

On January 2, Elliott Dabill and Barbara Reisman led a King Tide Tour, attracting 45 attendees. Aldaron Laird gave a lecture on the 21st on “King Tides in Humboldt Bay: A Preview of Sea Level Rise.”

In March, for the 16th year, FOAM sponsored awards at the Humboldt County Science Fair. Sue Leskiw and Lynn Jones judged the online entries and awarded three cash prizes. First place went to Genevieve Caruso, an 8th grader at Jacoby Creek School, for her project “Benthic Macroinvertebrates in Jacoby Creek,” where she sampled stream-dwelling insects at four locations along the creek. Second prize went to 7th grader Amalia Baugh, a student at Freshwater Charter Middle School, for “Oysters Unshelled! The Impact of Ocean Acidification on Oysters in Humboldt Bay,” where she tested shell loss in five different levels of acidic solution. Aubrey Lloyd, a 6th grader at Kneeeland School, was awarded third place for her project “Arcata Marsh Freshwater Amphipods Tolerance to Environmental Acidification,” where she looked at mortality rates at three pH levels.

In partnership with Redwood Region Audubon Society, FOAM sponsored the 19th Student Bird Art Contest. Participation more than doubled from the previous year, with over 650 entries from grade K-12 students throughout Humboldt County. Thirty-eight cash prizes and 35 honorable mentions were given out during an April ceremony held at the Arcata Marsh amphitheater.

As part of Godwit Days in April, FOAM hosted nature craft activities at AMIC, attended by approximately 40 children and their parents. Also in April, FOAM contributed nearly 150 Marsh critter ornament kits to hand out to children at Eureka Natural Foods, as part of a Godwit Days fundraiser. Several FOAM members also staffed the table at the Eureka store.

In May, FOAM held an on-line auction of duck teapots that were handcrafted and donated by Michael Harris. The ceramic waterfowl—an homage to Michael’s father, the late Humboldt State University wildlife professor Dr. Stanley Harris—raised nearly $1800.

In June, FOAM tabled at a LatinX outreach event at Arcata’s Redwood Park. Lynn Jones and Paul Johnson handed out Spanish-language Marsh materials, answered questions about the Marsh, and helped children make otter masks.

(continued on page 6)
In July, Arcata grocery store Wildberries selected FOAM as one recipient of three months of donations at each checkout.

Our G Street neighbor Humboldt Pet Supply continued dog poop and trash cleanups at the Marsh on third Saturdays.

**Marsh and Wildlife Through the Eyes of Local Artists:** Since December 1998, FOAM has sponsored art and photography shows at the Interpretive Center that are representative of the scenery, plants, birds, and animals that inhabit the Marsh and Humboldt Bay. Participating artists/photographers were Libby George, Patricia Sennott, Aldaron Laird, Lisa Carpenter Landis, Student Bird Art Contest winners, and Jody Bryan.

**Publicity & Communication:** We would like to thank newspapers, radio and TV stations, and online websites for helping us get the message out about our weekly tours, art exhibits, Zoom lectures, and other special events at the Marsh. FOAM continues to publish its quarterly newsletter, UPWIND.

**City Relations:** FOAM paid for construction materials (e.g., sand, gravel, wood chips), plants, engraved plant ID tags, and an interpretive sign (funded by a bequest from the late Patricia Marien, a former FOAM Board member) used by the brother-sister volunteer duo of Paul and Lynne Abels to create a new native plant garden in front of AMIC. All three phases of the project were completed. Plant zones include woodland/riparian, coastal chaparral/prairie, a wetter area, and a pocket succulent garden, FOAM also purchased a metal egret weathervane for AMIC.

FOAM funded one “Volunteer of the Year” award, presented to Lynn Jones for her work setting up a FOAM YouTube channel, expanding FOAM’s Facebook page, taking the lead on signing for the native plant garden, repainting wooden signs, and coordinating FOAM’s tabling at a LatinX outreach event.

In June, representatives from FOAM, Redwood Region Audubon, and the City of Arcata met to discuss problems at the Arcata Marsh & Wildlife Sanctuary. (This was a follow-up to FOAM’s testimony at a City Council meeting the previous week.) Concerns centered on the two parking lots, particularly illegal camping at Klopp Lake and speeding on South I Street. FOAM agreed to collect data on vehicles present along South I Street near sunrise and after sunset, to bolster our request that the City begin locking the gate overnight.

Rachael Garcia joined George Ziminsky to split weekday staffing duties at AMIC.

**Membership:** As of August 31, FOAM had 193 members (four more than last year), 105 of whom are Life Members. [NOTE: Thirty of the Life Members are either deceased or have an undeliverable address.]

**Fiscal Accounts:** As of August 31, FOAM had a checking account balance of $41,194.88. As of 6/30/22, FOAM also had $14,409.93 in a fund set up at the Humboldt Area Foundation (HAF). Expenditures totaled $13,238.17 and revenues totaled $21,277.53. The largest expenditures incurred were for 1) purchasing plants, construction materials, an interpretive sign, and plant ID tags for the native plant garden ($5574); 2) repairing the mounted binoculars at Klopp Lake ($1785.31); and 3) insurance ($1411). Revenue sources were donations ($13,881.03), membership dues ($4795), online auction proceeds ($1785), and merchandise sales ($816.50). With the downturn in the stock market, FOAM lost $2503.87 on its HAF Fund between 7/1/21 and 6/30/22 (plus paid management fees of $310.47).

**Board of Directors:** Five current Board Members (Elliott Dabill, Paul Johnson, Bill Prescott, Jean Santi, and Mark Wilson) are continuing. Three current Board members (David Couch, Lynn Jones, and Cindy Kuttner) are running for another term. Two appointed members (Andy Feinstein and Ava Iorizzo) are running to confirm their appointment. Maria Baron is a new candidate.

—— Elliott Dabill, President
more engaged in the process, and I think makes the paintings feel more immediate.

I moved to Arcata from Maine in 1996 to finish my art degree in the Bay Area once I had earned my California residency. My sister Sabrina wanted me to come out and I hadn’t seen her in four years. After living here for a while, I knew it was home. Nature was deeply inspiring to me, helping me to move my art into a more appreciative and grounded space. I met my life partner Alice, a coworker at Wildberries, and we started a family. After college, I worked in schools for a while through AmeriCorps, and eventually found my way to working with intellectually challenged adults as a life coach and care provider. Painting has been a steady focus throughout; it’s been a great way to meet many interesting people in our art community as we share this special place and time.

JANUARY/FEBRUARY ARTIST
STEVEN TAYLOR

The realization that oil painting would be a transformative event in my life was not a consideration just a decade ago. As can only happen by looking back over the years, an image emerged through the foggy memories that I have always been an artist.

This observation became clear in a comment shared with me by a friend and admired artist: “Artists make art for other artists.” The meaning was lost on me until I started noticing how this concept played out. Artists will notice art; they enter a room and see the displayed art or lake of it. Artists see art all around them; they will view their environment as a composition, picking out points of interest and determining why they stood out, connecting the big picture with a story to tell, and then beginning to weave a tale with the imaginary brush. Artists see art while there are others who are unaware or uninterested.

After retiring from a career in carpentry and furniture making, I determined working in wood to be a natural fit for my free time. My fork-in-the-road experience came in the form of a pile of French easel pieces at a flea market that I knew was only in need of the addition of some missing hardware. Twelve dollars later, I was the proud owner of an old plein air box with some small tubes of oil paint. And visions of grandeur, which quickly vaporized upon applying paint to surface.

Any new discipline is wrought with challenges and much frustration and this was no exception. YouTube tutorials became familiar and that led to workshops that opened access to local legends of art that share their years of experience. The passion to paint took over and disappointment turned into challenges, the challenges started to show improvement, and eventually a piece was framed. The final test where something has been considered worthy of sharing. Looking back now, of course, this too was embarrassing but the threshold had been passed and the life of an artist emerged.

The local artist scene here in Humboldt is replete with talented artists of all disciplines. I have been fortunate to get to know so many of them and appreciate as each one influences my art perceptions. I am active in a plein air group that gather weekly to paint locations throughout our varied landscape.

Calendar of Events
[Docent-led tours leave the Interpretive Center every Saturday at 2 pm]

November-December—Paintings by Andrew Daniel
   November 10—FOAM Board Meeting, 6:30-8 pm
   November 24—Thanksgiving Morning Ramble, 10 am (see page 1)
   December 8—FOAM Board Meeting, 6:30-8 pm
   December 25—Christmas Day Tour, 10 am (see page 1)

January-February—Paintings by Steven Taylor
   January 1—New Year’s Day Tour, 10 am (see page 1)
   January 12—FOAM Board Meeting, 6:30-8 pm
   January 21—King Tide Tour, 10 am (see page 1)

Thanks to Our Supporters, mid-July through mid-October

► Best Friends ($100+): John & Julia DeMartini (new Life Members!); Mark & Sydney Larson*; Maggie McKnight; Ed Murray; Nancy Noll; Bill & Carolyn Prescott; Gina Rogers; Jack Sniado & Sally Fritchman
► Supporters ($50-99): Margaret Abels; Chris & Richard Beresford (new Life Members!); Emily Sinkhorn; Karen Zeck
► Friends ($18-49): Karen Angel; Karen Cunningham (Coos Bay); Betty Elkinton & Brett Vivyan; Elizabeth Etgen (Sacramento)*; Lynn Hornecker (Murrieta); Nancy Ihara; Paul Johnson; Robbin Kohn; Kathleen Kolodny; Cindy Kuttner; Jim Lennon; Carol Mayes*; Karolyn Merz; Anne Merryfield; Janyce Neiman; Susan O’Connor; Rita Orlandini; Bob Peck; Barbara Reisman; Diane Ryerson & Walt Paniak; Frank & Christel Shaughnessy (new Life Members!); Shawn & Nancy Stone (Los Angeles)
► Donations from Life Members: Lee & Chris House, $200; Wilson Family Trust, $200; Barbara Barratt, $100; Bruce & Pam Kessler, $100; Richard & Carol Laursen (Carmichael), $100
 ► Other Donations: Wildberries Marketplace register donation box (July-Sept), $155; Anne Merryfield, $75; Frank & Christel Shaughnessy, $50; Marlise Tollner, $50 in honor of Roberta Duggan; Shawn & Nancy Stone (Los Angeles), $35; Karen Cunningham (Coos Bay), $20; Diane Ryerson & Walt Paniak, $5. AMIC donation box, $139; Amazon Smile, $10.62

* = New member

“Sun on the Marsh” by Steven Taylor.
FOAM
Friends of the Arcata Marsh
PO Box 410
Arcata CA 95518
ADDRESS SERVICE REQUESTED

Mark Your Calendar for:

Thanksgiving Ramble, 11/24
Christmas Tour, 12/25
New Year’s Day Tour, 1/1
King Tide Tour, 1/21

MEMBERSHIP APPLICATION

Name _____________________________________________________________________________
Address ___________________________________________________________________________
City, State, ZIP ____________________________________________________________________
Phone _______________________________ E-mail ______________________________________

Please check the appropriate membership category:

___ Individual $25       ___ Family $35       ___ Student/Senior $18
___ Sponsor $50        ___ Best Friend $100    ___ Life Member $750

___ I would like more information about volunteering for FOAM,

FRIENDS OF THE ARCATA MARSH, PO Box 410, Arcata CA 95518 arcatamashfriends.org

A tax-exempt, nonprofit 501(c)(3) organization, EIN #68-0232871. All donations are tax deductible.

If you are receiving a complimentary copy of this newsletter, please consider joining FOAM.
If you were a member, but have allowed your membership to lapse, please renew.
(See mailing label for your expiration date.)
Interpretive Center street address is 569 South G Street, Arcata.
FOAM mailing address is PO Box 410, Arcata CA 95518. You can reach us by phone
from 9 am to 5 pm Tuesday through Sunday and 1 to 5 pm Monday at 707-826-2359.